

## **Technical & Vocational**

## **Course Name**

Manual Handling

## **Course Description**

Provides knowledge, skills and understanding on how to carry out safe manual handling within the workplace, includes the legislative requirements, NR standards, correct lifting techniques, how to assess manual handling risk and implement control measures, manual handling hazards and how to prevent manual handling injuries.

## **Audience**

Anyone required to undertake manual handling activities.

Duration: 1 Day(s) Class Size: 10

**Competence Name Awarded** 

Manual Handling.

**Competence Awarded** 

HSE T9

**Course Code** 

HSE T9

**Prerequisite Name** 

N/A

**Prerequisite Short Code** 

N/A

**Skills Assessment Scheme Regime** 

N/A

**Course Type** 



Face to Face

Download Date: 20/5/2024